

Inspiring *Virtual* Meeting Excellence

Reflect on the key content areas and rate yourself based on how you utilize the skills in-person versus virtually. Place an ‘**I**’ in the row for your in-person rating and a ‘**V**’ in the row for your virtual rating. *Each row will have both ratings.*

	1 Excellent	2 Strong	3 Good	4 Okay	5 Poor
Prior to the Meeting:					
<i>I create or request having a clear agenda for the meeting with specific items, times and assigned responsibility</i>					
<i>My team and I have created or requested working agreements. (How we are going to work together, i.e. no multi-tasking, listen, respect)</i>					
<i>I have identified or requested desired outcomes for the meeting. (Is it a decision, brainstorming, info update etc.)</i>					
<i>I ensure or request time to check-in at the start and agree on actions at the end of the meeting</i>					
During the Meeting:					
<i>I arrive on time</i>					
<i>I balance listening with asking questions and sharing my POV</i>					
<i>I take responsibility to ensure that everyone has an opportunity to be heard/contribute</i>					
<i>I speak up when</i>					
<i>My team uses technology to its best advantage. (use video, polls, engaging content)</i>					
<i>I maintain my engagement / energy throughout the meeting</i>					
After the Meeting:					
<i>I provide or request follow-up action items from the meeting</i>					
<i>I complete my assigned action items in a timely manner</i>					

Inspiring *Virtual* Team Excellence

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	1 Excellent	2 Strong	3 Good	4 Okay	5 Poor
<i>I focus on building the relationship</i>					
<i>I am present and listen during the conversation</i>					
<i>I provide the necessary feedback in the moment</i>					
<i>I am attuned to emotions and reactions</i>					
<i>I create a safe environment for the conversation</i>					
<i>I set clear objectives for the conversation</i>					

What stands out for you about the difference between you in-person and virtual skills?

What are 1-2 areas that you would like to improve your virtual presence?

What are the three action steps you are going to take to improve?